Kupuohi means to flourish or to grow vigorously. Our multi-visit education program is designed to offer 4 visits throughout the year with additional opportunities to include families. Each quarterly visit focuses on a Hawaiian values based theme and offers a standards aligned lesson with a hands-on activity allowing students to reflect on lessons while experiencing various aspects of kalo cultivation. The program aims to support the flourishing of our haumāna (students) through deep connection with ‘āina (land), themselves, their kumu (teachers), and their ‘ohana (family).

After one full 4 quarter cycle, students will:
- Build important life skills through the practice of core Hawaiian values
- Understand their own value and purpose
- Strengthen their relationships to ke Akua, other kānaka and ‘āina
- Develop a sense of belonging to place
- Understand their role and ability to impact positively one’s community
- Learn all aspects of kalo cultivation and preparation

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**LŌKAHI**
Balance & Well Being
An exploration into the Hawaiian concept of well being grounded in relationship with ke Akua, kānaka, ‘āina & kai. Students are challenged to be intentional and purposeful in fostering those relationships so as to benefit themselves and thrive in a state of lōkahi.

**LAULIMA**
Community Contributor
Students are provoked to grow in their understanding and practice of being community minded by working on a collective task. They will realize their connection to the larger whole and the power they have to impact and positively contribute to their community.

**NANI KE KALO**
Respect
As a main staple of the Hawaiian people, kalo is considered sacred and treated with great respect. To lay the foundation for the year, students are introduced to the mindset and importance of respect and how it relates to all aspects of their lives.

**WAIWAI**
Celebrating Abundance
Hawaiians measured wealth and abundance by the amount of food and resources that could be produced and shared. Students celebrate the abundance of the ‘āina by preparing and eating the kalo they helped cultivate throughout the year literally enjoying the “fruits of their labor.”
NANI KE KALO & HĀLOA
Beautiful the taro
This is the core lesson at Ho'okua‘aina that sets the tone for everything we do. As the main staple and older sibling of the Hawaiian people, kalo was considered sacred and treated with great respect. In this lesson, students are introduced to the mindset and importance of respect as it relates to all aspects of their lives.

ALOHA KEKAHI I KEKAHI
Love one another
Aloha kekahi i kekahi is the standard expectation set at Kapalai for how all are to treat one another. This expectation operates by not demanding love and respect from others, but rather by first giving it to others and being confident that it will be returned.

UA OLA LOKO I KE ALOHA
Love gives life within
Everyone is deserving of love and respect. This lesson reminds us that as we demonstrate aloha for ourselves and for one another, we bring ola (life, health, well-being) to ourselves, our families, and our communities.

HULI KA LIMA I LALO, OLA
Turn the hands down, life
The connection between ‘āina and kanaka brings life. This lesson reminds us that when we huli ka lima i lalo, when we turn our hands down and connect with ‘āina, we are a part of bringing ola, life and health, to the ‘āina we are intentional to steward. In return, we ourselves receive life; body, mind, and spirit.

HE ALI‘I KA ‘ĀINA, HE KAŬWĀ KE KANAKA
The land is a chief; man is its servant
As kanaka, or people, we have a kuleana to care for ‘āina. It is both a responsibility and a privilege. This ‘olelo no‘eau is a humble reminder of our dependence on ‘āina for sustenance and for each of us to care well for the ‘āina we are given to steward.

UWĒ KA LANI, OLA KA HONUA
When the sky weeps, the earth lives
Water is essential to all life on earth. This lesson on the water cycle reminds us not only of the importance of wai (freshwater) to sustaining life, but it also speaks to our kuleana as kanaka to recognize, care for, and steward wai in its many forms.

‘A‘OHE HANA NUI KE ALU ‘IA
No task is too big when done together by all
We all come across challenges that seem insurmountable when faced alone. By taking part in tasks that would overwhelm one person, students gain a greater understanding of how their individual efforts, combined together with that of others, can lead to a community accomplishment where all gain a sense of ownership and responsibility.

NA KE KANAKA MAHI‘AI KA IMU Ō NUI
The well-filled imu belongs to the man who tills the soil
A well-filled imu is a mark of wealth and abundance. It means that one is able to share and enjoy what was produced through seasons of labor. This lesson reminds us that celebrating abundance comes as a result of hard work. In it, students reflect on their efforts over the last year as they enjoy the “fruits of their labor.”

‘ĀINA MOMONA
Fat, fertile, rich land
‘Āina Momona describes a land that is rich, abundant, and plentiful. It abounds in and produces much food. If we call Hawai‘i our home, then we have the kuleana or responsibility to mālama, or care for, this place. We are challenged to envision other ways we can make our island home more momona, to the benefit of the collective and not just the individual.

MA KA HANA KA ‘IKE
In working one learns
Ma ka hana ka ‘ike is the Hawaiian proverb for the current day educational term “experiential learning”. In order for students to see the cultural and communal significance of kalo and gain an understanding of what it takes to cultivate it, they must get into the lo‘i and work together. Through the growing of kalo first hand by students, innumerable lessons are taught and learned.

HELE NŌ KA ‘ALĀ, HELE NŌ KA LIMA
The rock goes, the hand goes
Watching a skilled person ku‘i ‘ai, or pound kalo into poi, is a sight to behold. Great care is taken when we remember that the objective is not only to feed oneself but to provide food and sustenance for others. This lesson highlights the importance of developing skills that demonstrate excellence and prompts students to strive toward mastery in whatever they choose to do in life.