Kilo with Kapalili

An observation journal for growing kalo

Created By Ho‘okua‘āina

This journal belongs to:

Date of Planting: ____________________________

Island: ___________________________________

District: ___________________________________

Land Division: ______________________________

Subdivision: ________________________________

HO‘OKUA‘ĀINA
rebuilding lives from the ground up
Aloha e nā keiki and welcome to Kilo with Kapalili!

My name is Kapalili, and I am from Kapalai. Kapalai is in on the mokupuni (island) of O‘ahu o Kakuhihewa, in the moku (district) of Koʻolaupoko, in the ahupuaʻa (land division) of Kailua, and finally in the ʻili (subdivision) of Kapalai.
I grew up with hundreds of other kalo friends in a pu‘epu‘e style lo‘i. PU‘EPU‘E is a mounded style of growing kalo because all of our water comes up from beneath the soil.

This type of water source is called a PŪNĀWAI or spring.
Parts of the Kalo

Color and label the kalo.
‘Ao Lū‘au (new budding leaf), Hā (stem), Hulu Hulu (root), Kalo, Kōhina (corm line), Lau or Lū‘au (leaf), ‘Ohā (keiki kalo), Piko, Pua (flower)

YOUR TURN

Draw & label your own kalo
Snap a pic
Tag @hookuaina on IG
Once you have your huli or kalo clipping, here is how to plant and care for it:

Step 1: Plant your huli 3 inches below the surface of some healthy soil.
Step 2: Give your huli a drink of water every morning and evening.
Step 3: Check on your huli every day to make sure there are no weeds or anything that would block sunlight or rain from feeding your kalo.
Step 4: After about 10 months, huki (harvest) your kalo and share with ‘ohana.

Find “How To” videos on YouTube @hookuaaina

1. Kanu (Plant)
2. Wai (Water)
3. Mālama (Care For)
4. Huki (Harvest)
KILO means to observe. Let's get to know your environment and kalo over the next few months, and in the end, you will have a better relationship with your 'āina and your food. With aloha and proper care, your kalo plant will soon bring food to you and your 'ohana after about 10 months.

This journal is to help you grow kalo, and skills in kilo. Each week you will record observations you made in your kalo's growing environment. Write down your observations of the wind, rain, and cloud characteristics. For the sun and moon section, write down how much sunlight your kalo is getting by recording the average sunrise and sunset time that week. You can also draw or write what moon phases you observed. For the animal section write down what birds, insects and other animals you observe near your kalo.

Month May

EXAMPLE

Kilo Week!

Winds: The winds this week were light in the mornings but strong in the evenings. The winds were coming from the East.

Rains: It only rained two times this week. Monday was a strong heavy rain at night. Thursday it rained lightly all day. The kalo loved the rain.

Clouds: There were heavy clouds usually in the afternoon against the ko'olau mountains. On Wednesday there were no clouds at all until night time. On other days I saw white puffy clouds.

Sun/Moon:

The sun rose at around 6am and get dark at 6:30pm. I saw the moon a few times this week.

Animals:

There were birds near my kalo eating worms and cockroaches in the mornings. My dog chased them away though.

Height: 31 cm

DID YOU KNOW...
You can view all our lessons & resources at www.hookuaaina.org

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### Kilo Week 3:

- **Winds:**  
- **Rains:**  
- **Clouds:**  
- **Sun/Moon:**  
- **Animals:**

### Kalo Drawing

**Height:**

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### Kilo Week 4:

- **Winds:**  
- **Rains:**  
- **Clouds:**  
- **Sun/Moon:**  
- **Animals:**

### Kalo Drawing

**Height:**